



KIT LIST

PROHIBITED, RESTRICTED AND UNAUTHORIZED ITEMS

The following table describes items which should NOT accompany cadets to a Training Centre. Any such items discovered during routine in-clearance or during a cadet’s attendance to training are subject to confiscation by training centre staff and could result in disciplinary or legal action.

Handling of prohibited, restricted and unauthorized allowed items:

PROHIBITED or RESTRICTED items by law or cadet program policy – items will be either handed over to the Military or civilian police, or disposed of. The chart below details the handling of these items.

UNAUTHORIZED – items will be returned home at the parent’s expense or held by the CTC until the cadet departs.

List of PROHIBITED OR RESTRICTED items that will be turned over to police	List of PROHIBITED or RESTRICTED items that will be disposed of	List of items NOT ALLOWED at Cadet Training Centres
<ul style="list-style-type: none"> • Controlled substances; including but not limited to illicit drug or prescription medication not in the cadet's name • Explosive substance or ammunition • Weapons; including but not limited to firearm(s), knives that open automatically by gravity or centrifugal force or by hand pressure applied to a button, brass knuckles, ninja stars, nunchucks, handcuffs 	<ul style="list-style-type: none"> • Alcoholic beverages • Tobacco products • Pornographic material depicting adults only 	<ul style="list-style-type: none"> • altered ankle / parade boots; • cutlass or sword; • knife or dagger, although a cadet may carry a kirpan or Sgian Dubh in accordance with elemental dress instructions; • laser pointer; • lighter, combustible product and fire starting product or equipment; • machete, axe or saw; • motor vehicle of any type; • companion animal; • an electronic cigarette, including a cartridge containing nicotine solution; and • reusable razor blades normally used in safety or straight blade razors.

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The following table describes the clothing and personal items required by course cadets.

	Blackdown	Connaught	HMCS Ontario	Trenton	Glider Pilot Scholarship	Advanced Aviation Technology	Power Pilot Scholarship
Headdress* NOTE 1	1						
Dress Shirt, Uniform/Gunshirt*	1						
Tie, Uniform*							
Sweater, turtle-neck*	1						
Undershirt, Uniform*	Min 1 – by element						
Trouser, Uniform*	1						
Belt, black web, Uniform*	1						
Tunic, Uniform*							
Socks, grey wool, pair, Uniform*	2						
Boots, ankle, black, pair, Uniform*	1						—
Raincoat, Uniform (Cadet parka)*							
Hat, Tilley*	1						
T-Shirt, white							
Shorts, athletic (black, navy or grey* (PT)	1						
Sweat suit	1		—				
Swimsuit NOTE 2	1						
Swim Cap NOTE 3							
Socks, athletic, white. Pair	2						
Shoes, Running/Cross-training* pair	1						
Shoes, Water-activity, pair NOTE 5	2						
Jacket NOTE 7							
Underwear	6						
Sleepwear NOTE 2	2						
Jeans NOTE 6							
Personal Hygiene Kit ¹⁰ including:							
Soap	1						
Shampoo	1						
Toothbrush	1						
Toothpaste	1						
Deodorant ¹⁰	1						
Hairbrush	1						
Shaving Kit (Razor, lather, as required)	1						
Handkerchief or Tissues	1						
Towel, bath	2						

	Blackdown	Connaught	HMCS Ontario	Trenton	Glider Pilot Scholarship	Advanced Aviation Technology	Power Pilot Scholarship
Towel, hand	2						
Cloth, face	2						
Footwear, shower, pair NOTE 4	1						
Lip Balm: minimum SPF 15 suggested	1						
Sunscreen: minimum SPF 30 suggested	1						
Insect Repellent DEET Caution							
Eyeglasses, prescription (as required)	2						
Sports strap (retaining strap for cadets with prescription eyewear)	1						
Shine Kit (Shoe polish, soft cloth, e.g. Kiwi cloth, brush)	1						
Stationery supplies (pens, pencil, paper, stamps etc..)	1						
Lock, Combination or keyed padlock/ 2 keys unless otherwise specified	2 Combination						
Clothes hangars	6						
Sewing Kit (Needle, thread)	1						
Bottle, sport							
Laundry detergent (also available for purchase at canteen)	Yes						
Kit bag*							
Gym bag/ knapsack / School-type back pack							
Additional Items as Specified in Annex A	Yes						
Documents							
Health Card	1						
Personal Items Log	1						
Transportation Form	1						
Prescription(s) – Meds	1						
Prescription – Eyeglasses	1						
Identification (under age 16, Government-issued, e.g. birth certificate) if travelling by rail or air OR	2						
Photo identification (Age 16 and over, Government-issued, e.g. passport) if travelling by rail or air	1						
Long Distance Telephone Calling Card	1						
Glider & Power Pilot Candidates: Cheques payable to Receiver General for Canada							
Passport Photo							



	Blackdown	Connaught	HMCS Ontario	Trenton	Glider Pilot Scholarship	Advanced Aviation Technology	Power Pilot Scholarship
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ADDITIONAL ITEMS FOR EXPEDITION INSTRUCTOR AND BASIC EXPEDITION COURSE CADETS							
Not mandatory, but recommended in view of the substantial time spent in hiking, backpacking, canoeing and mountain biking.							
Quick-dry shirts, shorts, pants (as required)	3						
Hat with visor for sun protection	1						
Appropriate style hiking boot (as required)*	1						
Extra sports socks (minimum 3 pair extra)	3						
Sunglasses	1						
Wristwatch	1						
Dry bag(s)	2						
Bottle, sport	1, Nalgene style						

NOTES:

- * Issued at home corps/squadron
- Note 1: Issued elemental cap, beret or wedge cap **INCLUDING brass or insignia**
- Note 2: Must be conservative in style and fit. Swimwear: Must reflect prevailing standards of modesty and good taste; should be functionally styled for swimming, not tanning or beach wear. Sleepwear: Appropriate to time of year, but sufficiently conservative to ensure standards of personal modesty.
- Note 3: For females with long hairstyles
- Note 4: For shower; Water resistant, Velcro fastener recommended, e.g. beach sandals, jelly shoes
- Note 5: Footwear capable of foot protection during water activities, e.g. canoeing, etc. Blackdown: Sandals with ankle strap, water shoes etc. RGS: Old running shoes, etc. Trenton: Must be closed-toed shoe or water-sock.
- Note 6: Only jeans, preferably blue denim, in good repair will be permitted for off-duty casual wear at those Training Centres permitting jeans at all. Torn, frayed, embellished (written-upon, painted, spangled, etc.) or low-rider garments are not permitted.
- Note 7: Lightweight windbreaker style. Warm sweater may be substituted.
- Note 8: Sweater and pants may be substituted.
- Note 9: Additional pair of boots, ankle, black to be drawn from home squadron. (Applies to Advanced Aviation Technology Courses at Canadore College, and Power Pilot Scholarship candidates.)
- Note 10: In deference to those with significant sensitivities to scents, those using personal care products such as perfumes, body lotions, after-shave lotions, hairsprays, etc. are encouraged to use only of low-scented or unscented varieties.

Alterations to Footwear

CF Dress Regulations prohibit the altering of footwear; therefore “clickers” may not to be installed on footwear. Additionally, clickers tend to damage flooring and are considered a fire hazard in some environments (e.g. flight lines). Any such additions to footwear (boots, shoes) will be removed before travelling to the training centre, and not replaced.